

THE PULSE

OF THE NEW YORK HOSPITAL EMPLOYEES—68th to 71st Streets, York Avenue to East River

VOLUME IX

MEMORIAL DAY, 1947

NUMBER 3



**FRANK GLENN, M.D.,
SURGEON-IN-CHIEF AND
PROFESSOR OF SURGERY**

The appointment of Dr. Frank Glenn to the twin posts of Surgeon-in-Chief of The New York Hospital and the Lewis Atterbury Stimson Professor of Surgery at Cornell University Medical College was announced on April 28th. The announcement was made jointly by Dr. Edmund E. Day, President of Cornell University, and William Harding Jackson, President of The New York Hospital.

Dr. Glenn will succeed Dr. George J. Heuer, who will reach the retirement age on July first. Dr. Glenn is the second man to be given the responsibility of all surgical functions at the Center since it was opened in 1932, at which time Dr. Heuer was appointed to the two posts and made responsible for all of the Center's clinical and teaching activities in the field of surgery.

Dr. Glenn, a resident of New York
(Continued on Page 2)

N.Y.H. MEMBERS PARTICIPATE IN MEETINGS OF NATIONAL HOSPITAL INTEREST

The annual institute on Hospital Purchasing was held in Philadelphia during the week of April 14 to 18. Mr. James F. Best, Purchasing Agent, and Mr. Leonard W. McHugh, General Storekeeper, were members of the faculty at the institute. Mr. Best emphasized the importance of a high standard of quality in our purchases and outlined some experiences in connection with the adoption of a policy on standardization and simplification. Mr. McHugh covered the subject of the facilities and services rendered by a modern hospital Stores Department and Printing Department. The institute was conducted by the American Hospital Association under the direction of the Council on Administrative Practice.

Mr. Murray Sargent addressed the members and guests of the Metropolitan Laundry Managers Association on "Administrator's Night," Wednesday evening, April 16th, at the Pennsylvania Hotel.

His subject dealt with the linen and laundry servicing of a hospital and how co-operation between the various service units in a hospital results in better service to patients and economy to the institution.

Among those present were directors or assistants representing New York hotels and hospitals and students of the course in Hospital Administration. Columbia University, were guests at the meeting.

Mr. John F. Kenney, director of linen and laundry at this hospital, is chairman of the Metropolitan Laundry Managers Association.

(Continued on Back Page)



**ANDREW A. MARCHETTI, M.D.,
ACCEPTS PROFESSORSHIP AT
GEORGETOWN UNIVERSITY**

Dr. Andrew A. Marchetti, who has been associated with the Department of Obstetrics and Gynecology of The New York Hospital since 1932, has recently resigned to accept the position as Head of the Department and Professor of Obstetrics and Gynecology at Georgetown University School of Medicine in Washington, D. C.

Dr. Marchetti is a native of Richmond, Virginia. He graduated from the University of Richmond in 1924 and received his medical degree from the Johns Hopkins University in 1928. He then interned in Obstetrics at the Johns Hopkins Hospital under Dr. J. Whitridge Williams. After his internship at Hopkins, he attained the residency in Obstetrics and Gynecology at the Strong Memorial Hospital, University of Roch-

(Continued on Page 2)

THE PULSE

of the employees of
THE NEW YORK HOSPITAL
68th to 71st Streets
York Ave. to East River
New York 21



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DR. GLENN—(Cont'd)

City, was born in Illinois in 1901. He received his M.D. from the Washington University School of Medicine, St. Louis, in 1927, and served his first internship at the Strong Memorial Hospital, University of Rochester, Rochester, New York. Thereafter he advanced through various Internships and Resident posts at the Peter Bent Brigham Hospital of Harvard University.

In 1931, he was appointed by Dr. Harvey Cushing as the last of the Gorham Peters Travelling Fellows. During that appointment, he served as Dr. Cushing's representative, visiting and observing at the University of Edinburgh, Edinburgh, Scotland, and in various surgical clinics in Europe and the Orient.

His first appointments at The New York Hospital-Cornell Medical Center were in 1932. He has served in a variety of surgical posts in the Center since that time, at present being Associate Attending Surgeon of The New York Hospital and Associate Professor in Clinical Surgery in Cornell University Medical College.

Dr. Glenn served in the U. S. Army Medical Corps from 1942 to 1946. Commissioned with the rank of Major, he later became a Lieutenant Colonel. He was first stationed with the Ninth General Hospital and went overseas in July, 1943, where he was Surgical Consultant to the Sixth Army in the Southwest Pacific, for which service he received the Bronze Star. On his return to the United States in May, 1945, he was Surgical Consultant to the Sixth Service Command with headquarters in Chicago.

Dr. Glenn's appointment will become effective on July 1st.

* * *

FINAL RESULT OF RED CROSS SOLICITATION

The Committee announces that the contribution of the Center to the Red Cross amounted to \$2,327.29. This represents a most gratifying response to the appeal and tops last year's figure by \$165.86.

DR. MARCHETTI—(Cont'd)

ester, under Dr. Karl M. Wilson. He next served as Assistant Resident in Surgery under Dr. George J. Heuer and Dr. Mont R. Reid, at the Cincinnati General Hospital. In 1932 he was appointed the first Resident in the Woman's Clinic - Cornell University Medical College, now holding the titles of Associate Professor of Obstetrics and Gynecology, and Attending Obstetrician and Gynecologist.

He has always been a favorite with the medical students, partly because of his great interest in them, and mainly because of his natural ability as a teacher. The history of medicine has always held a fascination for him and his lecture on the History of Forceps is one that none of his medical students will ever forget; in fact, some of the alumni return each year to hear it again.

In his college days, Dr. Marchetti showed a keen interest and real ability in baseball and played the game professionally for a few years. Many of his students will recall with pleasure their Saturday afternoon games in Central Park. Even now, at the first sign of spring and the opening of the baseball season, he can be easily tempted by some of his colleagues to attend the "Bronx Clinic."

Dr. Marchetti's hobbies are versatile, including model shipbuilding, a great love of music, photography, and collecting rare books.

We are all delighted to learn of Dr. Marchetti's new appointment but may we hasten to assure him that he has many friends in our family at this Center who will miss his gracious manner, his understanding and his council. Our very best wishes go with him for his continued success and happiness in his new work.

* * *

CHARTER DAY CELEBRATION

The Annual Meeting and Tea of The Society of the New York Hospital was held in the Nurses Residence on Wednesday, May 14th. Mr. John Hay Whitney, Vice-President of the Society conducted the meeting at which William Harding Jackson, President of the Society, and Dr. Edmund E. Day, President of Cornell University, spoke.

THE NEW RETIREMENT PLAN

EFFECTIVE JUNE 1st, 1947

WE ARE COVERED	<i>We Pay</i>	<i>Hospital Pays</i>
FIRST BY GROUP LIFE INSURANCE	1/2	1/2
NEXT BY BLUE CROSS HOSPITALIZATION	0	ALL
AND NOW BY		
A RETIREMENT PLAN	0	ALL

The Board of Governors of the Society of New York Hospital at the meeting on May 6th, 1947, approved of a Retirement Plan for the Hospital and its Divisions.

The Plan benefits every eligible employee by permitting him or her to retire on a monthly income based on his average monthly salary and the number of years he has worked for the Hospital. The entire cost of the Retirement Plan will be paid by the Hospital. No employee becomes eligible for membership in the Plan until he has had five years of service. Thereafter employees with 15 or more years of service who retire at age 65 will receive the life pension described in the official announcement of May 7, 1947. Employees who wish to continue working beyond age 65 may do so when it is considered to be in the best interest of the Hospital.

The acceptance of the plan comes as encouraging news for the older employees in particular. We have a number of senior employees in the N.Y.H. Family who will become eligible for retirement in 1947. In view of this the Hospital will have to ask their cooperation in spreading these retirements

over the next several years. Otherwise a severe personnel problem, as well as a financial one, would become apparent.

To assist the Retirement Board of the Board of Governors, there has been created an Employees Pension Committee whose duty will be to consider all applications for retirement and make recommendations to the Governor's Retirement Board. The members of the Employee Pension Committee are:

John G. Dale, Jr. (Personnel Director); John Dean (Westchester Division); W. W. Downey (Chief Engineer); J. H. Keig (Comptroller); E. H. Lawrence (Payne Whitney); Bessie A. R. Parker (Nursing Administration); L. G. Payson (Assistant Director), Chairman.

Each request for retirement must be made on forms provided by the Personnel Department for the purpose.

Department Heads may address their questions or recommendations to any member of the Committee, which plans to meet monthly to consider applications.

Hospi - Tales



Congratulations are in order for Frank and Connie Oliva. They were married on April 26th. Frank is a cook in the Main Kitchen.

We bid Bon Voyage to Clara Carlson (Building Service) upon her departure to visit her homeland Sweden.

Miss Anna McCarthy, formerly head stenographer and now Librarian at the Payne Whitney Clinic, says it is more fun to have one's nose in a book instead of a typewriter.

With not so much as a hint, Anita Rhodes, forelady in Laundry Department, pulled a fast one and eloped on March 15th.

May 5th brought the return of our smiling, petite cashier, Lillian Daggett. A recent operation sent this little lady away for a much-needed rest. A trip to Florida accounts for the sun-tan. Hope you like your new surroundings, Lillian.

All of you who remember Mary Banks, who spent the war years deftly managing food activities in the Garden Dining room, will be interested to know that her engagement has been announced. She will be Mrs. Loren Ferley, in Michigan, the first week in August.

Since the telephone strike our Telephone Operators have learned that some Telephone Executives apparently could stand a brush-up course in Geography.

We welcome to the New York Hospital, Miss Madeline Taylor, Dr. Tompsett's new secretary.

Dorothy M. Beyer has now taken over the duties of the Medicine & Surgery Housekeeper with Susan Solloway, formerly maid on twenty-first floor, as her Assistant.

We of New York Hospital were sorry to hear of the death of Victor Christanson on March 27th. Victor was our Morgue Attendant.

The Laundry Department welcomes back Henry Gibson after his maritime service. Henry, have you lost your sea legs yet?

Have you noticed, in the midst of our 68th Street lawn, the new flower bed of hyacinths, daffodils, and deep yellow tulips?—and the green grass grows all 'round.

In case you didn't know, Jean Richel is the name of our Clerk in Employees' Health Clinic. Pretty, doll-like, and exceptionally pleasant is our description of Jean. Sorry! boys, Jean is already engaged.

Another announcement to be made, that is, the engagement of Miss McCarthy dietitian on Pediatric floors, who will be married June 3rd to John Douglas Cassels. We'll miss Lee, and so, no doubt, will the kiddies.

AUDEN BIGELOW



MILDRED

Notice to those who are not familiar with the new Splint Room which is now located on K-719. Credit for the new set-up of this room goes to James Johnson, orthopedic technician.

You will probably all be glad to hear that Patsy Milano, Assistant Cook in the Main Kitchen, has recovered from a serious hand infection which he received several weeks ago. He's back bowling in the 200 league again.

Just found out Julius Jaffe, orderly from G-4, spent his vacation on the race track down in Miami, Florida. Bet on any winners, Julius?

* * *

If you've been in our new Personnel Offices no doubt you've seen and also met Miss Auden Bigelow, whose duties consist of the Selection & Placement of our Hospital employees besides dealing with all questions and information concerning Associated Hospital Service and Group Life Insurance. For those of you who have not, let us acquaint you with some interesting facts concerning this brown-haired, blue-eyed miss:

Although born in Pennsylvania, Auden spent most of her life in Flushing, Long Island, where she now resides with her mother, aunt, and Mildred. Mildred is her nine months old, black and white pointer. (See picture below).

When speaking to this young lady one's first impression is her smiling countenance and fine sense of humor. She sometimes tries her skill in water colors as a hobby, and her favorite sport, of which she is extremely fond, is horseback riding. In Miss Bigelow's own words she claims she usually "Rides Like Hell!"

Coming to us from another institution, Mt. Sinai, where she was Assistant Personnel Manager, she seriously states that she can think of no other kind of work she'd rather do than Personnel work.

Miss Bigelow is a graduate of Queens College, and a confirmed lover of music. She can play the piano well and has confessed that she is the composer of three unpublished songs.

(Editor's note: Shiela, look out! You've got competition.)

Hospi - Tales

(Continued)

Josephine Gackenback, Housekeeper of Private Patients and Intern & Staff, last month served as Matron of Honor at her sister's wedding. Dressed in pink and glowing like a sixteen-year-old, we think Josephine knows the secret of the Fountain of Youth.

On February 28th X-ray Department held Graduation Exercises for nine X-ray technicians:

Sister Rose Mercedes
Sister Rita Damien
Elizabeth Roberts
Lois Tennant
Barbara Woodard
Edith D'Auria
Reva Rabinowitz
Margot Lessheim
Paul Langman

Good luck to all of you. May success follow your footsteps.

A speedy recovery was made by Albert Grandi, tailor in Valet Shop, from his recent operation. Keep up the good progress.

Mrs. Anna Cavanaugh, Record Room, became a grandmother when daughter Catherine gave birth to a 9 lb., 2 oz. baby girl. Congratulations Grandma!

Another newcomer to the Nutrition staff is Miss Kathleen Doyle. She is guardian of the therapeutic diets for Private Patients, and was formerly at Brooklyn Hospital.

Our "Get-Well" wishes extended to Karekin Chiljean, 13th floor houseman. It's no fun being flat on your back especially when you have to spend your vacation in bed, eh Jean? Hope it will not be too long before you are back on the job again.

We've learned Theresa Gill, former employee, is back in Laundry Department on fancy ironing, and let us not forget Lena Riccio (Flat Dept.) who can fold linen faster than the human eye can see.

In case you've wondered about that little gray wagon being drawn around by Building Service employees it was designed by Mr. Warren and built and improved by John Crowley and Alex Hohmann for carting around the Electrolux vacuum. A very neat and excellent job.

A new employee, Miss Vera Brown, takes over the position of secretary to Doctor Rennie at the Psychiatric Clinic.

Buttons are popping off the jacket of Ed Muller, machinist in Laundry, 'cause it's a baby boy at the Muller household.

Miss Muriel Carberry has taken over the nursing supervision of the 10th floor operating rooms for a temporary period. A charming personality makes working with her a pleasant task. Give us more Miss Carberrys.

Mrs. Elizabeth Watt, the Housekeeper at Payne Whitney, is sailing for Scotland to visit her mother and while we are on the subject Mrs. Margaret Gallagher of the same clinic is leaving for Ireland for a few months' visit.

We'd like you to meet the new Associate Director of the Nutrition Department. She is Miss Daisy K. Anderson, who has come, by way of the U. S. Army, and directly from Pennsylvania Hospital, Philadelphia, Pa., to assist Miss Stephenson in administering the hospital food service.

Mr. Joseph Vabulous of the X-ray Department will announce his engagement to Miss Nora McGuire. The Wedding will take place early in July. Mr. Vabulous is the holder of the Bronze Star for Gallantry in Action.

Betty M. Stehlik, a resident intern in Pharmacy here, attended the week-long Institute on Hospital Pharmacy held recently in Chicago. Miss Stehlik, in addition to membership in the institute for the instruction, presented a review of recent developments in the pharmacology of some of the amino acids that are finding a place in modern therapy.

Mr. Joseph Mooney passed away May, 1947. He was first employed as chauffeur and garage mechanic on September 13, 1932. When the busses

were replaced by the present system Mr. Mooney was transferred to the Plumbing Shop in March, 1936. In February, 1945, on the advice of his doctor Mr. Mooney transferred to Mechanical Storekeeper, the position he occupied until the time of his death.

Mary O'Neill, who has been serving ice cream to the doctors in the Garden Dining room, has a new job now. Mary became the proud mother of a 9½ lb. baby boy who is taking up most of her time these days.

Ed Stedronsky (Laundry) boasts that on March 15th his home had a visit from "Sir Stork". It's a baby girl called Lea.

Helen Dunbar, the little girl who coddles your morning eggs in the Garden will enter the hospital for a tonsillectomy on May 21st.

Pharmacy Department has two new Pharmacists—Agnes Young, an English lassie, and Betty Hancock who comes from Michigan. We bid you welcome!

We greet three new secretaries: Miss Dora Mark (Mr. Payson's secretary), Miss Alice Foray (Mr. Johnson's secretary), and Miss Marie Frances (Mr. Dale's secretary). We hope all of you will be happy in your work.

An April bride Mary Rocek (Record Room) became the wife of George Pirics, on the 20th, at Madison Avenue Presbyterian Church. We'll bet Mary made a pretty bride. Loads of happiness to you both!

Two more Building Service employees sick abed, Josephine Thomas and Angeline Cordaro, who are both getting along fine.

David, son of James (Assistant Storekeeper) O'Connell came by with mother to visit. A fine lad.

Mr. Harrison Doty, Director of Public Relations, has been granted a leave of absence due to illness and Mrs. Maynard C. Iverson has been appointed Acting Director while he is away. Our best wishes to Mr. Doty for a speedy recovery and a hand up to Mrs. Iverson back at her old job.

EGG-DROPPING AT THE NEW YORK HOSPITAL AIDS SCIENCE

As a demonstration of the possible use of cellular rubber in airplane construction, as well as in instrument cases dropped by parachute, 18 fresh chicken eggs were dropped from the 11th floor roof of the Pediatrics building on to sponge rubber mats placed on the street pavement below; thirteen of the eggs bounced without breaking, the other five missed the mat and broke on the sidewalk.

Mr. Hugh De Haven, head of the research group and Director of Crash Injury Research at Cornell University Medical College, said that the eggs landed at a velocity of 50 miles an hour and "theoretically" could be dropped from the top of the Empire State building with comparable results.

Cellular rubber has been used so far for refrigeration insulation, in life-saving equipment and inside some military tanks.

As one newspaper pointed out, "How wonderful if each falling passenger in an airplane failure could wrap himself in a bouncing mattress and hit the earth safely! If an egg can do it, why can't we?"

SCIENTIST DISCOVERS NEW WAY TO MARRY OFF SINGLE GIRLS

(He Simply Hires Them)

Would you like to get married soon? We believe we've discovered a sure way. Take a job with Doctor Milhorat at Payne Whitney either as a laboratory technician or secretary. He guarantees that within six months you will be married. You may not believe this but his last six technicians have gotten married or are about to be shortly. His secretary, Mrs. Olga Molnar Young, started work in September and was married in November. She's leaving soon and will be a mother this coming September. Doctor Milhorat would like us to reassure you that although his laboratory is almost the equivalent of a marriage bureau, there is no charge for the service.

PERSONNEL, PAYROLL & CHECK CASHING SERVICES RELOCATED

From here on in when you have any business pertaining to your check or a personnel problem you merely head for the northeast corner of F and L corridors on the Sub Basement floor.

This 1947 Servicenter, part of our construction program, has really resulted in a streamlined series of office suites. Likewise the services rendered by these departments have been streamlined for maximum convenience to us.

The pivot point of this centralization may be considered the Check Distribution window (L-003A) and the Check Cashing window (L-003).

Any general questions regarding your employment here will receive cheerful attention on this same corridor by entering the Personnel Department suite (L-005 to L-0011) for information concerning Group Life Insurance, Associated Hospital Service, Identification Cards, or the Retirement Plan.

Questions regarding the computation of your check, Federal Withholding Tax or other deductions will be answered around the corner in the Payroll Department (F-0066).

In short, when you *refuel* in the future you won't have to scamper elsewhere to have your *oil* checked.

BARBER SHOP SINGING AT NURSES RESIDENCE

Tuesday evening, April 29, 1947, the nurses were entertained in the auditorium by some sixty members of the Manhattan chapter of the Society for the Preservation and Advancement of Barbershop Singing in America, Inc. The program, including all the old favorites, consisted of solos, quartets, group songs, and also a few well known numbers in which the audience participated. The rafters rang with the vibrant music so that some of the patients were able to hear and enjoy it also. After the program, refreshments were served in the student lounge where the singing continued. When the time came for our visitors to leave they sang a parting serenade.

GEORGE WASHINGTON SLEPT HERE

Yes, Fred "The Man Who Came to Dinner" Wentworth is back again with another dramatic production. This time the play is "George Washington Slept Here". That uproarious comedy by George Kaufman and Moss Hart about the trials and tribulations of a city family who went to the country.

Ann Detwiler as Annabelle and Fred Wentworth as Newton Fuller are the two main characters. Rommie Monastro, Majanah Hagan, Toby Oren, Dorothy Harper and Jo Jurusik are a few of the people you'll be seeing May 15th and 16th when the curtain rises. With Fred directing and Pagey Bowman as his able assistant this will be a production you won't want to miss.

If you have any troubles that you're particularly fond of and want to hang on to, we'd advise you tuck them away in a safe place at home because we positively guarantee you'll forget them when you meet Annabelle and Newton Fuller in "George Washington Slept Here".

AN ADDED HONOR

Dr. Henricus J. Stander has been invited by the Board of Trinity College, Dublin, Ireland, to be their guest at the Commencement Exercises of the College on Wednesday, July 2nd, at which time the University of Dublin will confer upon him the degree of Doctor in Medicine Honoris Causa.

Dr. Stander is also to be a guest speaker at the International Congress of Obstetricians and Gynaecologists to celebrate the Bicentenary of the Rotunda Hospital to be held in Dublin from July 7 to 11, 1947. The subject of his address will be *On the Etiology of Eclampsia*. In addition, Dr. Stander will spend a few days in London and will speak before the graduate students of the British Postgraduate Medical School.



THE OUT-PATIENT DEPARTMENT

The O.P.D., or Out-Patient Department of the New York hospital, is a symbol or phrase familiar to all associated with the hospital. This department has a long history, having been established in 1841 by the Board of Governors, and has continuously functioned since then.

Since its inception the O.P.D. has been progressively expanded, the greatest expansion occurring with the occupation of the present buildings in 1932. As the demand has increased new clinics and additional clinic sessions have been added to provide better service to the patients.

With the exception of the Ear, Nose and Throat clinic, which is on an adjoining floor on F-8, Children's, Psychiatric and Woman's clinic, all activities of the O.P.D. are housed in K and L buildings. The reception of patients for the main O.P.D. is in the basement of K

building where comfortable benches, music and murals help to make the necessary waiting less tedious. There the necessary routine of registering the patient, directing him to the proper clinic, and taking of the routine blood test is carried out for the new patient.

The O.P.D. is organized in 5 main divisions,—medical, surgical, children's, obstetrical, gynecological and psychiatric. These are subdivided into the various specialties. Altogether there are 58 different clinics which hold 231 clinic sessions each week.

Professional services for the various clinics are provided by members of the attending, full time and resident staffs. In January of 1947 the doctors were present for 3,594 clinic sessions. All services are provided without compensation to the part time doctors.

Nurses, attendants and clinic aides constitute the remainder of the personnel to carry on the clinic functions. The

latter group performs yeoman duty in acting as receptionists, directing of patients to their proper location, answering telephones, completing the steps necessary for the patient to get the tests ordered by the doctors and handling of the records with the necessary clerical work entailed; without them the O.P.D. would quickly become disorganized. They are under the direct charge of Miss Anderson and Miss Tooley.

In 1946, 20,058 new patients applied for and were admitted for care. This is the largest number registered by any Out-Patient Department in New York. 27,889 old patients returned during the year. Together these individuals made a total of 281,628 visits to the clinics. In this respect we have the second largest Out-Patient department in the city.

The O.P.D. attempts to provide medical care for patients who need it and who can not afford private medical attention. It also serves as a consulting service for private practitioners who desire an expert opinion for a patient who can not afford a private specialist's fee.

Those eligible for care are required to pay part of the cost, according to their ability to do so. The fee scale varies from No Charge to \$1.50 for each visit. The average fee income per visit is \$.97½. This does not, however, approach the average cost per visit.

A majority of the patients admitted to the pavilion service are from the Out-Patient Department. After discharge the treatment is continued in the Out-Patient Department; in this manner their entire care is integrated.

For the past eight months, Out-Patients have been able to listen to music while waiting for their appointments. It is estimated that 47,947 people enjoyed the electrically developed program of music installed in this Hospital—the first time in any hospital—by Muzak Corporation.

The administrative details of the Out-Patient Department are handled by the O.P.D. Director's office which is in charge of Dr. Thomas Howell, Assistant Director and Superintendent emeritus of New York Hospital. He is ably assisted by Mrs. Beemer and Miss Murray.

70th ANNIVERSARY OF C.U.-N.Y.H. SCHOOL OF NURSING

On Wednesday, April 16, the Cornell University-New York Hospital School of Nursing celebrated its 70th anniversary.

The events of the day were climaxed by a dinner in the Terrace Room of the Hotel Plaza where 250 alumnae, faculty, students, and friends of Cornell University and The New York Hospital gathered to hear Dr. Oliver C. Carmichael, President of the Carnegie Foundation for the Advancement of Teaching, speak on "Nursing and Nursing Education." Dr. Edmund E. Day, President of Cornell University, presided and greetings were extended by Virginia M. Dunbar, Dean of the School and William Harding Jackson, President of the Board of Governors of The New York Hospital.

The day's activities began with morning convocation exercises, at which Virginia M. Dunbar presided and Dr. George Wheeler, Assistant Director of the Hospital, spoke on the subject "Four Score and Ten", in which he outlined the evolution of the Hospital to its present status as a medical center. Mr. Murray Sargent, Director of the Hospital, Edna Stratton, President of the Alumnae Association, and Patricia Guidal, President of the class of February, 1948, welcomed the alumnae. Annie W. Goodrich, Superintendent of Training School, 1902-1907, Minnie H. Jordan, Directress of Nurses, 1916-1931, Anna D. Wolf, Director of the School of Nursing and Director of the Nursing Service, 1932-1940 and Bessie A. R. Parker, Director of the School of Nursing and Director of the Nursing Service, 1940-1942 and Acting Director, 1942-1946 greeted the alumnae and friends.

A luncheon for 275 alumnae was held in the Nurses' Residence where Virginia M. Dunbar spoke on the importance of "Faculty-Alumnae Partnership." The

afternoon meeting was devoted to a discussion of modern trends of medicine. Dr. David P. Barr, Professor of Medicine at Cornell University Medical College and Physician-in-Chief of The New York Hospital spoke on "The Advantages and Disadvantages of Complete Bed Rest." He discussed the controversy over complete bed rest as a necessity for treatment of certain diseases and outlined the possible results of such treatment. He also described the research carried on at this medical center on the subject during the war. Those studies, made with the assistance of conscientious objectors who volunteered to spend months at a time in plaster casts, showed that immobilization for several weeks of even completely well people resulted in nitrogen and calcium losses and in significant harmful changes in blood circulation.

But the evidences of physical deterioration affecting muscle and bone, the research men found, were less pronounced when the same cast-bound subjects were in a teeter-totter bed.

EASE THE MAIL-MAN'S BURDEN

15,469,045 undeliverable letters found their way to the "Dead Letter" Division of the Post Office. This is the report of the Postmaster General for the year ending June 30, 1944—the latest available figures at this writing. It might be of interest to note that for the year 1937, letters coming to the same office totaled 13,802,638. Of these 3,014,437 were finally delivered, leaving 10,788,201 which completely failed of delivery. In addition, some 260,000 parcels were never delivered.

The increase in "dead letter" mail is undoubtedly due in part to the great movement in population, and also to the failure of many persons to file a change of address. This results in breaking contacts and losing track of one another. You can help the mailman and also yourself by filing a change of address

upon removal. *Also place a return address on all your mail.* Failure to do these two things places a gigantic burden on the postal authorities. *Senders enclosing currency in letters that cannot be delivered or returned lose considerable money this way.*

For the year 1937, the post office department received added revenue totaling almost \$200,000 from money and other matter found in undelivered mail. This more than paid for the cost of operating this department. 235,973 letters contained drafts, checks, money orders and other valuable enclosures. 74,888 letters contained money amounting to \$101,154.



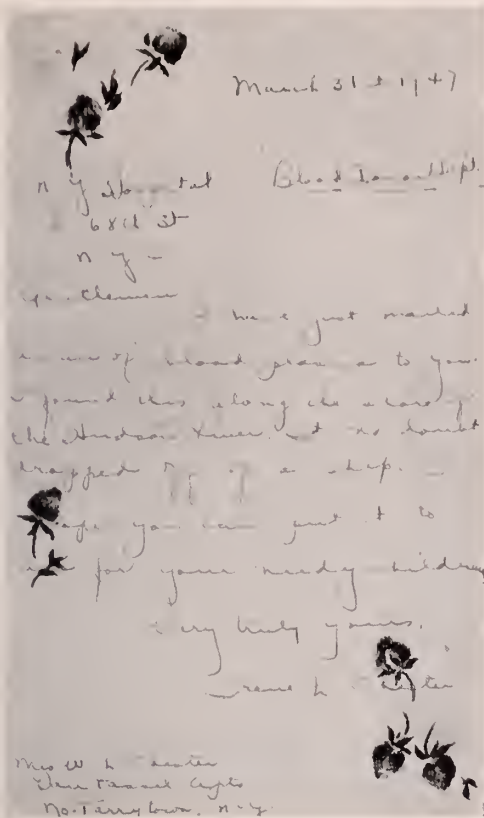
THE REAL MISS GOODRICH

The PULSE must admit that it is covered with confusion. In its commemorative edition to celebrate the 70th Anniversary of the Cornell University-New York Hospital School of Nursing, a strange face mysteriously appeared over the caption "Annie W. Goodrich". She turned out to be a complete stranger to us all. Herewith are apologies to our Miss Goodrich and to her many devoted friends on the staff.

GREMLINS

Definition . . . Cantankerous and mischievous elves who take keen delight in seeing people get hurt. Chase the GREMLINS away by being careful.

Watch for the next issue on the story of *FALL'IN*, *LIFT'IN* and *CUT'LIN*.



April 8, 1947

Mrs. W. L. Chester
Van Tassel Apartments
North Tarrytown, N. Y.
Dear Mrs. Chester:

Thank you very much indeed for sending us the can of blood plasma which you found. It appears to be in perfect condition and we shall be very glad to use it in our treatment of the children. It was very thoughtful of you to send it to us.

Sincerely yours,

RALPH G. STILLMAN, M.D.,
Clinical Pathologist

* * *

THE GREATER NEW YORK FUND

The solicitation of subscriptions from employees of the Hospital and College of The Greater New York Fund will continue through June. Nothing could be a finer tribute on the part of those of us who are well and who have jobs to persons less fortunate, than a gift.

PITY THE BOSS WHEN HE'S ANGRY, HE'S HURTING HIMSELF, IT SAYS HERE

Don't be afraid of the boss the next time he gets hot under the collar, Dr. Harold G. Wolff advised today. It hurts him more than it does you.

Dr. Wolff, associate professor of medicine and psychiatry at Cornell University, said the irate boss is just one of thousands of persons who are giving medical science its worst headache.

"They can't deal with their own problems and we don't know yet how to deal with them," he said.

Take the boss for example, he said. The poor guy is eating himself up.

"He can't help it," Dr. Wolff added. "Every time he gets angry, his stomach secretes juices that make him hungry. Do not worry if he acts like he's going to eat you, because eventually he'll eat himself."

Dr. Wolff, attending the American College of Physicians Convention here, explained that a person can't eat every time he gets angry, so his stomach becomes irritated after he sustains his wrath, or gets angry too often. The stomach lining is eaten away. Ulcers result.

"Eventually the person will die if something isn't done to stop the process," he said.

Dr. Wolff said there were many situations in life which interfere with or threaten a man's life or love, or block the fulfillment of an ambition.

"These situations make him react as though he were being assaulted," he added. "Unconsciously his body reacts to emotions the same way it would react to a threat of physical assault."

A henpecked husband is likely to get a pain in the neck, for example, Dr. Wolff said. A woman who allows her family to bully her may start complaining that she can't breathe comfortably.

"Something involuntary makes her nasal passage react to nagging the way it would to dust or gas," he said. "If the situation is aggravated, she will start wheezing and coughing."

Persons with such disturbances, Dr. Wolff said, should stick up for themselves instead of harboring hurt feelings. If the situation has gone too far, they should see a doctor.

The doctor may be able to help them, but medical science still doesn't know why a brow-beaten wife should find it difficult to breathe.

"She ought to demand her rights," he said. "As it is, she's literally cutting off her own nose to spite her face."

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TEA FOR VIRGINIA M. DUNBAR

The Cornell Women's Club of New York gave a tea on Saturday, April 12 in honor of Virginia M. Dunbar, Dean of the Cornell University-New York Hospital School of Nursing and Director of the Nursing Service of the Hospital. The event was held in the Recital Room of the Hotel Barbizon for Women. Miss Alice Blinn, a trustee of Cornell University, introduced Miss Dunbar who spoke on the vital need for Cornell alumnae interest in nursing as an outstanding career opportunity for young college women.



*Let's All Make New York Hospital the Place
WHERE SAFETY IS NO ACCIDENT*

HOSPITAL MEETINGS

(Continued from Page 1)

The second annual institute on Hospital Pharmacy, conducted jointly by the Council on Professional Practice of the American Hospital Association and the American Pharmaceutical Association held, this year, in Chicago May 19 to 23 heard Mr. John H. Keig, Comptroller of this hospital. Mr. Keig, as a member of the institute faculty, developed the need for business acumen in the modern hospital, particularly as related to handling and control of medical supplies. He stressed the need for the use of modern concepts and accounting procedures in the hospital of today and the role the hospital pharmacist must be equipped to occupy that the necessary results may be forthcoming. Donald Clarke, also from this hospital, participated in the institute faculty activities.

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TEAMWORK DID THE TRICK

On the evening of April 8th about 8:30 p. m. Mr. Smith picked up Mrs. (Patients' Accounts) Smith and Miss Blanche (Accounting) Fermbach. As they left the driveway they noticed that a parked car on 68th Street in front of the hospital was on fire. Mr. Smith stopped his car and went into action to effect control of the blaze. Mrs. Smith and Miss Fermbach ran for fire extinguishers. They notified Mr. Patrick Kileen, who had the Information Department call the Protection Department and in no time Mr. Feeley and Mr. Hamburg of Protection were on hand and the fire was quickly extinguished.

All this occurred while our patients were readying for a night's sleep and when this lucky visitor returned to Floor One he found his car in a safe state of composure once again ready for the homewark trek.

We congratulate this combination for their excellent demonstration of teamwork.

CONCERNING YOUR PRESCRIPTION

The Department of pharmacy has invited attention of the hospital personnel to the following procedures appertaining to prescriptions for personnel medical supplies.

To avoid serious conflict with preparation and distribution of in- and out-patient medical care, it is requested that all personnel present their prescriptions between the hours of 12 noon and 1:00 P.M. at the out-patient dispensary or from 5:00 P.M. to 6:00 P.M. at the general dispensing unit near the Medical College end of the F corridor. If the prescription is such that the medicine required may be dispensed immediately, that will be done. If compounding is required, a time estimate will be supplied by the pharmacist receiving the prescription to minimize the need for absence from the individual's own department. If possible, a telephone extension should be supplied where the individual concerned may be contacted when the medicine is completed. In the event a member of the hospital personnel has been prescribed medication to be taken home immediately, every effort will be made to handle the prescription promptly, irrespective of the time presented. In such instances, there should be no hesitation in presenting prescriptions as soon as possible after they have been written.

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R.C.A. RADIO-RECORD PLAYER—FOR A QUARTER

Tickets for the R.C.A. Radio-Record Player to be given away on June 1st by the Committee on Assistance to Nurses of Other Countries are still available. Take a chance, only 25 cents—perhaps you may win.

A note of thanks goes to the Red Cross Ladies who gave a bridge to aid this Committee and contributed \$145.30 to be used for uniforms, shoes, etc. Thanks also go to Miss Dondero who contributed \$36.00 through the sale of cookies which she made herself.

The Committee is continuing to accept contributions, uniforms, textbooks, professional magazines, and money.



"I said, how's the garden coming along, Vic, old man?"

GARDEN GOURMETS PLEASE NOTE

Our answer to those neat nutrition posters that appear on occasion in the cafeterias:

No Vitamin, from A to Z

No elusive calorie

No mineral so great or small

Provokes my appetite at all.

But mention roast of beef or steak,

Just give that appetite a break!

Bring on those luscious cakes and pies

To bring the sparkle to my eyes.

Just don't try to sell me, please

That "business" about calories

Or what more calcium can do

To make my bones as good as new.

Though Vitamins may seem auspicious

They're just not what I call delicious!

WANT TO EARN \$5?

The Hospital Blood Bank is still paying the regular \$5 fee to anyone who will act as a donor and add a pint of his blood to the supply that must be kept on hand for the treatment of patients.

Donating blood is easy, painless, quick. Why not call the Blood Bank (Extension 7364, Room F-531) and ask for an appointment, so you can earn \$5 this easy way?